

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Results - Session 10 (Warmup 7.45 - 8.45)

Event 405 Girls 12-13 400 LC Meter IM				
Name	Age	Team	Prelim Time	
Preliminaries				
1 Lewis, Harriet	13	Co Cardiff	5:36.21	
	35.05	41.92		
	48.22	48.53	39.15	38.08
2 Morgan, Millie	13	Teddington	5:40.48	
	33.92	40.53	43.98	43.75
	51.74	52.60	38.40	35.56
3 Scales, Eve	13	EllesmereCSA	5:41.44	
	34.30	40.85	45.95	45.47
	48.64	50.68	38.31	37.24
4 Mellor, Medi	13	Nofio Bangor	5:44.66	
	35.77	42.12	45.57	46.41
	48.37	49.72	38.79	37.91
5 Osele, Isabella	13	Hackney	5:46.64	
	34.69	42.12	44.19	44.26
	50.01	52.84	39.98	38.55
6 Gray-Thomas, Jessica	12	Conwy	5:49.31	
	37.32	43.23	45.49	40.66
	53.06	51.41	41.38	36.76
7 Lee, Seol Lucy	13	Co Cardiff	5:53.85	
	34.83	40.94	47.44	48.67
	49.73	52.79	39.91	39.54
8 Pawlowski, Isabelle	13	Corby	5:55.71	
	37.96	45.81	44.47	43.76
	51.85	50.99	41.34	39.53
9 Chauhan, Amber	13	Nofio Bangor	5:57.19	
	36.17	44.07	45.61	43.97
	53.47	53.66	40.84	39.40
10 Elson, Caitlin	13	Wrexham	5:59.84	
	37.02	46.70	47.40	46.17
	54.27	53.49	37.80	36.99
11 Jones, Cadi	13	Co Cardiff	6:00.10	
	35.45	43.14	47.53	46.35
	51.08	51.78	43.44	41.33
12 Roberts, Connie-Rae	12	Co Newport	6:03.69	
	37.38	45.76	47.87	47.15
	53.25	53.37	39.06	39.85
13 Davies, Elizabeth	12	Pembs Cty	6:03.89	
	37.79	43.15	45.82	46.07
	53.60	54.75	42.56	40.15
14 McShane, Anya	13	Co Cardiff	6:04.76	
	38.65	45.41	45.84	45.34
	52.59	53.36	43.02	40.55
15 Opiniano, Francesca	12	Teddington	6:08.56	
	39.91	50.24	45.61	46.31
	53.93	54.50	39.31	38.75
16 Kubic, Nicola	13	Co Newport	6:14.05	
	39.42	50.46	50.19	50.18
	50.15	49.88	42.50	41.27
17 Magnani, Layla	12	Hackney	6:15.41	
	39.86	47.55	49.59	50.83
	54.63	56.59	36.81	39.55
18 Dyde, Pheobe	13	Pembs Cty	6:15.62	
	39.72	49.41	49.37	47.96
	53.11	53.77	42.19	40.09
19 May, Gwen	13	Rhondda	6:22.97	
	45.89	52.97	48.46	46.57
	53.13	52.73	42.54	40.68
20 Roberts, Phoebe	13	Conwy	6:24.50	
	42.93	50.09	48.98	47.82
	52.42	52.57	46.28	43.41
--- Jasper, Lily	13	Co Cardiff	DQ	
	39.30	50.70	46.93	44.80
	54.65	54.70	44.09	43.52
Event 405 Women 14-15 400 LC Meter IM				
Name	Age	Team	Prelim Time	
Preliminaries				
1 Ling, Olivia	15	Co Cardiff	5:29.26	
	34.57	41.19	44.37	43.15
	44.67	46.03	38.84	36.44
2 Bates, Molly	14	EllesmereCSA	5:30.95	
	33.82	39.76	43.39	42.56
	49.19	49.68	36.18	36.37
3 McFarlane, Una	14	Pembs Cty	5:52.20	
	34.52	43.96	45.25	44.18
	52.92	51.67	39.98	39.72
4 Macleod, Eilidh	14	Hackney	5:54.14	
	35.66	42.03	45.34	44.87
	53.66	54.66	39.89	38.03
5 George, Ellie	14	Rct Squad	5:54.19	
	37.81	45.54	45.30	45.33
	50.31	51.46	40.32	38.12
6 Jones, Hunydd	14	Nofio S Gar	5:56.59	
	38.79	47.84	42.60	42.28
	50.23	52.40	42.42	40.03
7 Hall, Isabelle	14	Pembs Cty	5:57.45	
	36.82	43.93	47.11	46.30
	50.79	51.08	41.52	39.90
8 Williams, Leah	14	NofioGwynedd	5:57.95	
	36.58	46.97	46.53	44.47
	55.52	52.37	38.17	37.34
--- Phillips, Emma	15	Teddington	DQ	
	35.72	43.28	46.17	44.84
	48.74	49.61	40.71	40.01
--- Teggarty-Sparks, Ida	14	Teddington	DQ	
	32.15	40.44		
		51.45	35.86	34.11
Event 405 Women 16-17 400 LC Meter IM				
Name	Age	Team	Prelim Time	
Preliminaries				
1 Jones, Myia	17	Wrexham	5:41.30	
	35.56	42.85	44.88	43.13
	48.19	50.17	38.68	37.84
Event 405 Women 400 LC Meter IM Super Final				
Name	Age	Team	Prelim Time	
Preliminaries Super Final				
1 Brassington, Sophie	19	Swansea Uni	5:03.54	
	33.63	38.05		
		39.37	35.93	35.43
2 Gordon, Freya	16	Haslemere	5:03.55	
	30.78	36.12	40.57	39.25
	43.50	43.72	35.36	34.25
3 Winstanley, Elin	16	Co Hereford	5:11.95	
	31.97	38.12		
		47.25	35.53	32.57

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	Name	Age	Team	Prelim Time	
4	Wheeler, Oriana	20	Swansea Uni	5:12.64	
	32.89	37.18	43.31	41.24	
	43.18	43.12	37.15	34.57	
5	Rees, Katie	27	Swansea Uni	5:13.62	
	32.19	38.27	42.64	40.89	
	44.16	44.73	35.73	35.01	
6	Mitchell, Abby	19	Swansea Uni	5:13.76	
	33.08	39.12			
		45.76	35.47	34.38	
7	Lythgoe, Manon	16	Swansea Aq	5:24.38	
	32.67	39.27	43.47	41.58	
	46.21	46.14	38.61	36.43	
8	Thomas, Serenity	15	NofioGwynedd	5:26.02	
	32.80	39.26			
		50.80	36.96	35.48	
9	Williams, Jody	19	Swansea Uni	5:29.03	
	33.94	40.20	41.27	41.34	
	46.23	48.74	39.40	37.91	